

ID:

Year 14

## Birth to Twenty: the assessment of physical development in adolescence

Male

### Section A

We would like to ask you a few questions about your physical development.

#### Question 1

Have you grown taller in the last 6 months?

(Please mark the appropriate block)

No     Yes, a little     Yes, some     Yes, a lot     Don't know

#### Question 2

Do you have to shave your face because you have facial hair?

(Please mark the appropriate block)

No     Yes, a little     Yes, some     Yes, everyday     Don't know

#### Question 3

Have you started puberty (i.e. do you have pubic hair or have your genitalia enlarged)?

(Please mark the appropriate block)

No     Yes

#### Question 4

Has your skin started to change (pimples)?

(Please mark the appropriate block)

No     Yes, a little     Yes, some     Yes, a lot     Don't know

#### Question 5

Has your voice started breaking (do you speak in a deeper voice)?

(Please mark the appropriate block)

No     Yes

If YES, have you been speaking in a deeper voice for *more than* two years?

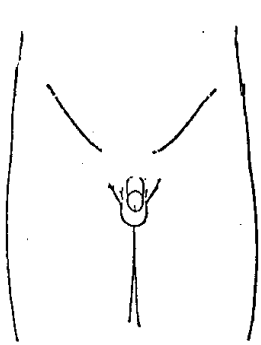
No     Yes

If YES, how old were you when your voice broke?

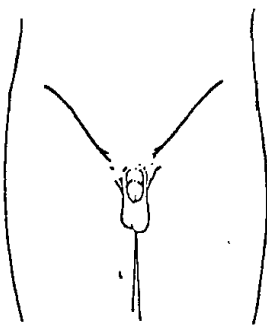
## Section B

The drawings below show different amounts of **pubic hair**. A teenager passes through each of the five stages shown by these drawings. Please look at each drawing and read the sentences under the drawings. Then choose the drawing closest to your stage of hair development and mark it.

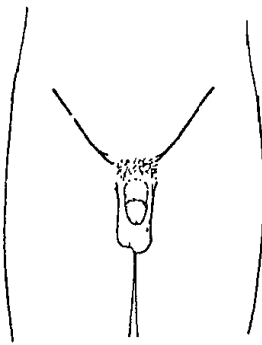
1. DRAWING A



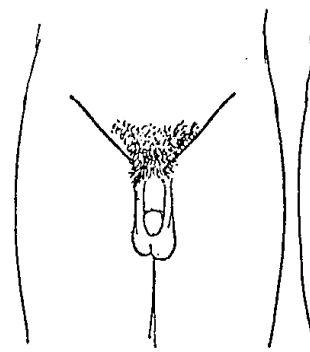
2. DRAWING B



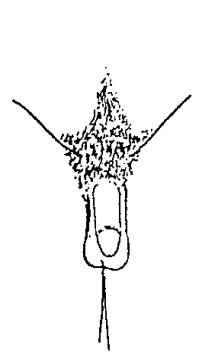
3. DRAWING C



4. DRAWING D



5. DRAWING E



There is no pubic hair

**Texture** of the hair is soft.  
**Density** of the hair is little.  
**Distribution** of the hair is at the base of the penis, especially on the sides. Pubic hair may be straight or curly

**Texture** of the hair is coarser.  
**Density** of the hair is a little more.  
**Distribution** of the hair has spread out thinly and covers a somewhat larger area around the base of the penis.

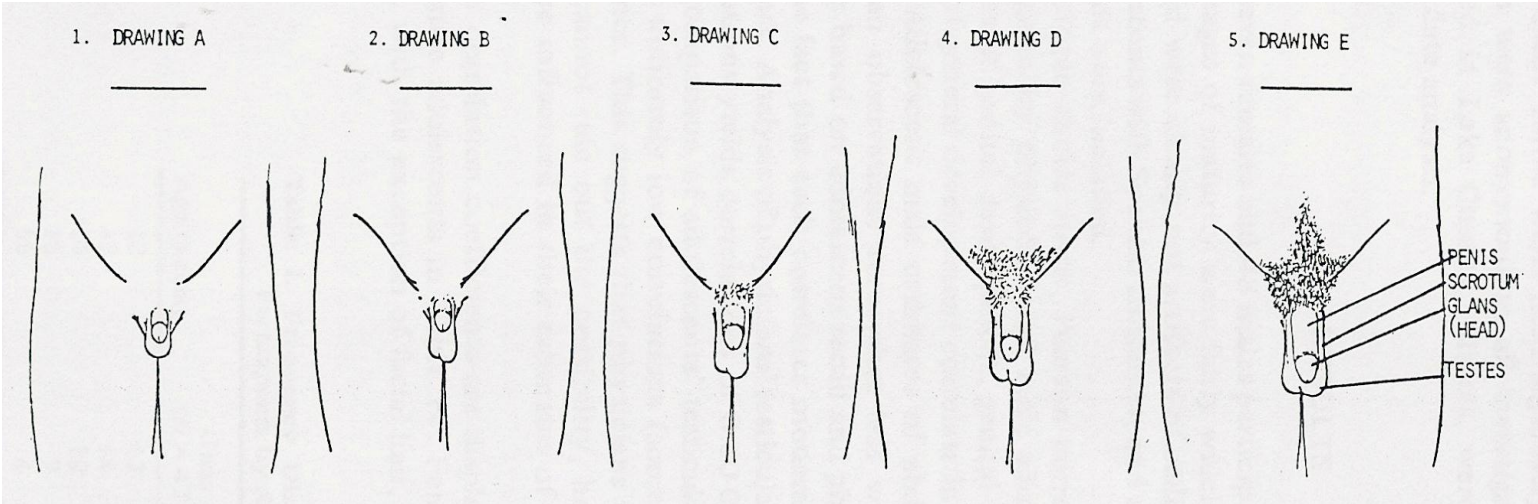
**Texture** of the hair is coarse.  
**Density** of the hair is much more.  
**Distribution** of the hair covers a large area but has not spread to the thighs. The hair is a darker colour.

**Texture** of the hair is coarse.  
**Density** of the hair is that of an adult.  
**Distribution** of the hair has spread to the thighs and moved up the mid-line.

Year 14

**Section C**

The drawings below show the different stages of development of genitals. A teenager passes through each of the five stages shown by these sets of drawings. Please look at each set of drawings and read the sentences under the drawing. Then choose the set of drawings closest to your stage of genital development and mark it.



There has been no change in the **testes** (balls), **scrotum** (sack holding the balls), and **penis**.

The **scrotum** has lowered a bit, and the skin of the scrotum has changed (smoother). The **testes**, **scrotum** and **penis** have gotten a little larger.

The **scrotum** has dropped lower than in stage 2. The **testes**, **scrotum** and **penis** have grown more.

The **scrotum** is bigger because the **testes** have gotten bigger. The **penis** has grown even larger and wider. The head of the **penis** is bigger

There have been no further size changes in the **penis**, **scrotum**, and **testes**.

**Section D**

Testicular volume and size:

Interviewer